

## Serving in Southeast Asia

This month, preschoolers have been learning about Victor and Madeline Hawthorne, special workers in Southeast Asia. The Hawthornes work with the Deaf of Southeast Asia.

Thailand is one of the countries in Southeast Asia. As a family, go shopping for recipe ingredients in an Asian market or grocery store. Prepare the recipe together. Before you taste the Thai Omelet, pray for the Hawthornes and their work among the Deaf in Southeast Asia.

### THAI OMELET

**Ingredients:**

2 eggs  
1 teaspoon of fish sauce  
1/4 cup of canola oil

**Serve with:**

cooked jasmine rice  
Thai siracha

**Directions:**

1. Add oil to a pan and heat it to a very high temperature.
2. While the oil is heating, break eggs into a bowl. Add fish sauce. Use a whisk or fork to vigorously beat the mixture until there is a layer of bubbles on top.
3. Pour the egg mixture into the oil, gently stirring until all of the eggs have touched the oil. Cook until set, then gently flip over to complete the cooking.
4. Place omelet on top of jasmine rice. Share the omelet, allowing each person to add a drop of Thai siracha if desired.

**Caution:** Supervise carefully.

