

February Extra Activities

For Threes and Fours

Play Cricket

Supplies: toy tennis or badminton rackets, foam ball

Invite preschoolers to take turns using a toy racket to block a foam ball from going between his legs as another preschooler rolls it. Say: Cricket is a popular game in South Asia.

Caution: Supervise carefully.

Celebrate!

Supplies: Bible, preschool or children's worship music, colorful scarves

Encourage preschoolers to hold or wear colorful scarves as they listen and move to worship music. Share that people in South Asia love to celebrate. Say: Ms. Knowles wants the people to hear about Jesus and celebrate Him!

Open the Bible and read: God gives us things to enjoy (see 1 Tim. 6:17).

Nondi

Supplies: painter's tape, beanbag

In advance, use painter's tape to create a hopscotch pattern on the floor. Add a number from one to ten in each square.

Teach preschoolers how to play Nondi (South Asian hopscotch). Each preschooler throws the bean bag, then jumps with one or two feet from square to square until she can pick up the beanbag. Say: Boys and girls in South Asia like to play Nondi.

South Asian Animal Names

Supplies: stuffed dog, cat, sheep, and cow; index cards; marker

In advance, print the following words on four separate index cards: dog, kutra [koo-tra]; cat, manjer [mahn-zer]; sheep, mendra [mayn-dra]; cow, gai [guy].

Allow preschoolers to hold a stuffed animal and try to say the English and South Asian word for each animal. Say: People in South Asia speak a different language from what we speak. Ms. Knowles had to learn many new words when she moved to South Asia so she can talk with people and tell them about Jesus.

For Kindergarten

Soccer

Supplies: indoor or foam soccer ball, painter's tape

Put a painter's tape start line on the floor of one side of the room and a finish line on the other side of the room. Pair up kindergartners. Guide each pair to pass the soccer ball back and forth using only their feet from the start line to the finish line. Say: Soccer is a popular game in South Asia.

Simplified Pav Bhaji

Supplies: bread, butter or margarine, mashed potatoes, peas, paper plates, plastic spoons

In advance, toast, butter, and quarter slices of bread. Heat up mashed potatoes and peas. Post the allergy alert chart.

Give each kindergartner a buttered piece of toast. Guide them to spoon mashed potatoes and peas onto their toast and eat it with their fingers! Say: Pav bhaji [powv hah-jee] is a popular fast food that South Asian children love to eat.

Kabbadi

Supplies: painter's tape

Divide the playing area into two sides using a painter's tape line. Group kindergartners into two teams, one team on each side of the line. Each team tries to go across the line and tag members of the other team. Tagged members must stand on the side until everyone is tagged. Begin the game again. Say: Kabbadi is a popular tag game in South Asia.

Caution: Play Kabbadi in a large area or ask kindergartners to walk as they play.

Bright Color Mixing

Supplies: aprons, markers, thick paper, spray bottles filled with water

After kindergartners don aprons, encourage them to color bright pictures with markers. Allow them to spray their drawings with water and watch the colors merge. Say: People in South Asia love bright colors. Ms. Knowles enjoyed having brightly colored clothes made so she can wear them in South Asia.