

January Extra Activities

For Threes and Fours

Popsicle Day

Supplies: frozen popsicles, napkins, icicle picture

Post the allergy alert chart. Show the icicle picture as preschoolers enjoy popsicles. Say: Popsicles remind me of icicles. There are icicles in Minnesota during the winter when the weather is cold. Mr. and Mrs. Argueta live in Minnesota. They started a new church for Spanish-speaking people. They help families who have moved to Minnesota from warmer countries get warm clothes and things they need.

God Made Me

Supplies: Bible, butcher paper, black marker, yarn, child safety scissors, crayons, glue

Trace around each child on a large piece of butcher paper. Encourage preschoolers to decorate the picture to look like them. Say: God created the world and everything in it—even you!

Open the Bible and read: God made me (see Psalm 139:14).

Take a Walk

In advance, coordinate a time to take your preschoolers to observe the babies, ones, and twos class.

Lead preschoolers to the babies, ones, and twos classroom to observe how their leaders care for them. Encourage preschoolers to thank the leaders and wave goodbye. Return to your room. Ask: How are the leaders caring for babies, ones, and twos? The Arguetas care for the people in their church by driving them to the doctor or other appointments.

Snowflake Painting

Supplies: painter's tape, thick white watercolor paper, blue acrylic paint, chubby paintbrushes, paint smocks

In advance, form a snowflake shape with painter's tape on each preschooler's paper.

Encourage preschoolers to wear a paint smock and paint over the painter's tape. After the paint dries, let them gently lift the tape from the paper to unveil the snowflake. Say: It snows in Minnesota where the Argueta family lives.

For Kindergarten

Snow Cones

Supplies: blender or home snow cone machine, ice, snow cone flavors, large spoon, small cups, spoons

Post the allergy alert chart. Guide preschoolers to add ice and watch as the ice is blended into shaved ice. Place a scoop of ice into each cup. Let preschoolers choose a flavor and drizzle some on their cups of ice. As they enjoy the icy treat, say: Winters in Minnesota are icy cold.

Caution: Supervise carefully.

Driving in the Snow

Supplies: plastic tablecloth, paint smocks, unscented foam shaving cream, toy cars

In advance, cover the table with a tablecloth. Post the allergy alert chart.

After preschoolers don a paint smock, squirt shaving cream around the covered table. Invite preschoolers to drive their cars in the pretend snow. Share that people in Minnesota drive in the snow during the cold winter.

Make Snow

Supplies: [Picture 8](#), tablecloth, bowl, fork, one cup of baking soda, one cup of foam shaving cream, water

In advance, cover the table with the tablecloth. Post the allergy alert chart.

Show [Picture 8](#). Allow preschoolers to help you add baking soda and shaving cream to the bowl. Take turns mixing the "snow" with a fork. Gradually add a few drops of water until the mixture resembles snow. Let preschoolers form snowballs with the pretend snow. Say: Mrs. Argueta and Josué enjoy the snow in Minnesota.

Ice Hockey

Supplies: two laundry baskets, one pair of white socks, wrapping paper tubes

In advance, place laundry baskets on their sides on opposite sides of the room. Roll socks into a ball.

Invite preschoolers to use hockey sticks (paper tubes) to roll the puck (sock ball) into a net (laundry basket). Say: Many people in Minnesota enjoy playing and watching ice hockey.