



# How to Start Adults on Mission

## Missions Discipleship for Adults

Adults on Mission is a coed missions discipleship group for women and men over 18 years old. Adults on Mission prepares men and women to work together to share the gospel of Jesus Christ and to hear God's call.

Most Adults on Mission groups are activity-based, so the groups can be formed to meet an identified need in your community or when an existing small group decides to become involved in missions. Groups can also be formed around natural networks or affiliations (such as professions) or around life issues (such as parenting or retirement).

The goals of Adults on Mission are to learn about missions, pray for and give to missions, and disciple others to live on mission for Christ.

## How to Start

- 1. Pray.** Involve your church leadership in seeking direction for starting and leading Adults on Mission.
- 2. Determine the focus.** Consult with women and men in the church to choose what your focus will be.
- 3. Identify leaders.** Select a group leader and others who are willing to lead and provide training.
- 4. Choose resources.** Review the materials and talk to others about the options available.
- 5. Order resources.** Place orders at [wmustore.com](http://wmustore.com) or call 1-800-968-7301.
- 6. Check the calendar.** Select a meeting time and location.
- 7. Promote.** Promote 6–8 weeks prior to your first meeting using personal invitations, email, social media, and print format.

Contact your local Baptist association, your state WMU office, or national WMU for training opportunities.

To learn more, visit [wmu.com/adults](http://wmu.com/adults) (click on “Adults on Mission”).

For additional information, contact national WMU adult consultant Linda Clark at [lclark@wmu.org](mailto:lclark@wmu.org).

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