



Helping Others Activities

Preschoolers are involved in doing missions through Helping Others activities. These are simple ways to move the preschooler beyond himself to think of others. By doing Helping Others activities, preschoolers learn that other people have needs and I can do things to help meet those needs. Preschoolers also learn they can share God's love as they help others.

In Helping Others activities, preschoolers

- Make something,
- Give something, or
- Do something for other persons.

For preschoolers, the others they help could include family members, neighbors, church helpers, friends, community helpers, or teachers.

In Mission Friends, a Helping Others activity is suggested each month for Threes and Fours, and for Kindergarten. An overview of the suggested Helping Others activities is on the Meet the Missionaries page each month in *Mission Friends Leader*, with more details in the noted sessions. Mission Friends leaders may use the suggestions provided, or involve their preschoolers in a Helping Others activity related to a ministry of their church or community.

Planning Helping Others Activities

- **Decide on the activity** your Mission Friends will do.
- **Plan the date and time.** Most of the time, you will do these in your Mission Friends session.
- **Secure parent volunteers** if you need helping hands.
- **Gather supplies** if preschoolers will make something for others.
- **Contact local organizations** beforehand for needs when collecting supplies or making items to give.
- **Inform parents** if they need to bring items for the activity.
- **Talk with preschoolers** about the activity, who they will help, and how this helps others.
- **Include prayer** for the persons whom preschoolers help.
- **Follow up** with anything needed, such as delivering items.

Lead preschoolers to show care to others by sharing God's love.